Caterpillar to Butterfly

Sunday Breakfast Craft for July 2020

This lovely sunny weather has brought lots of butterflies to our garden to drink nectar from the flowers. These lovely insects started life as caterpillars wiggling out of eggs laid on leaves. They have changed how they look and now they can flutter from flower to flower – we sometimes say they have transformed.

This month's craft gives you ideas of how you can make a caterpillar from a cardboard egg box, then see if you can find a tube (a toilet roll middle is best) to make your colourful butterfly. There are lots more ideas online. You could hang your butterfly in the garden to move in the wind.

There is also an idea for making a butterfly glider – a bit more of a challenge but maybe an adult could help you. Have fun and let's see what you have made at Sunday Breakfast on 5th July.

Egg Carton Caterpillar instructions: click here

Toilet roll butterfly instructions: click here

Butterfly Glider instructions: click here